

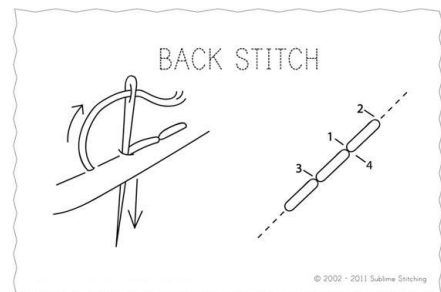
HERBAL SACHETS

MATERIALS: 1 piece of fabric (roughly 6"x8")
Straight pins (about 10 - 16)
Scissors
Thread
Sewing Needle
Spoon
Potpourri
Piece of ribbon (roughly 5" long)



DIRECTIONS:

1. Fold the piece of fabric in half so the fabric is now 4" high and 3" wide. Make sure that the wrong side of the fabric (the part you don't want to see) is on the outside.
2. Use straight pins to pin the bottom and one side of the fabric together so they don't come apart when you are sewing. *NOTE: One side of your fabric will be on a fold so it doesn't need to be stitched and the top should be left open.*
3. Cut a piece of thread about 18" and thread the needle. Tie a double knot near the other end of the thread.
4. Back stitch along the two pinned sides, $\frac{1}{4}$ " from the edge (see picture).
5. When you finish, tie a knot under the fabric close to your last stitch. Cut off the extra thread.
6. Unpin the fabric and turn the back inside out so the fabric you want to see is now on the outside.
7. Fill the bag $\frac{1}{4}$ full with potpourri.
8. Tuck the fabric's raw edge (the one you didn't sew) inside the sachet about 2". Tie the sachet closed with ribbon and it's finished!



Remember, Felicity was supposed to sew 20 stitches per inch! See how many stitches you can do. If you keep practicing, you'll get better and better!

