

Start a Victory Garden



During World War II, people were encouraged to plant gardens to help feed their own families so the government could use more food to send to soldiers, nurses and the Allies overseas. All it takes is one seed to start a garden! The seeds that you have in your kits are heirloom tomatoes that we grow at Strawberry Banke Museum.

- **Step 1:** Locate the following items in your camp kit:
 - Peat pot
 - Bag of dirt
 - Tomato seeds
- **Step 2:** Fill the peat pot with dirt from your bag.
- **Step 3:** Using your finger, make a hole in the center of the dirt about ½” down.
- **Step 4:** Open your packet of seeds and place 1-3 seeds in the hole.
- **Step 5:** Cover the hole with dirt.
- **Step 6:** Sprinkle water over the top of the dirt until it turns dark brown.



Keep watering the seeds gently and don't let the dirt dry out. Keep the pot near a sunny window.. Once the seeds sprout, let them grow for a bit and then transfer them to a bigger pot or into the ground outside in a spot that gets a lot of sunlight. If more than one seed sprouts, when you transfer them to a pot or the ground, you can try giving each one its own space to see if you can get more than one plant to grow.