

Make your own Bath Bomb



One of the things wizards have tried to do through potions is achieve immortality- or at the very least, change your appearance so you look younger or more beautiful! Taking a bath with a bath bomb helps relax you, and we know that reducing stress can increase your lifespan. It will also help your skin look softer and smoother.

- Step 1: Locate the following items in your camp kit:
 - Bag containing Baking Soda, Epsom Salt, Corn Starch & Citric Acid
 - Jar (with coconut oil and a drop of lavender essential oil) - *Labeled Bath Bomb*
 - Bag of Dried Lavender
 - 1 Bowl
 - Plastic Spoon

You will also need some water from home.

- Step 2: Dump your bag of dry ingredients (Baking Soda, Epsom Salt, Cornstarch and Citric Acid) into the bowl.
- Step 3: Gently stir these ingredients together in your bowl using your spoon.
- Step 4: Add your Dried Lavender to the bowl and mix.
- Step 5: Add one teaspoon of water to your coconut oil (the plastic spoon you have is a teaspoon.)
- Step 6: Very slowly, add your coconut oil/water mixture to your bowl. Gently whisk the ingredients in. You will notice the mixture get a little fizzy.
- Step 7: Add the contents of the bowl to the Mason Ball Jar your coconut oil came in, pressing the mixture down with your fork.
- Step 8: Let your mixture dry for a whole day, leaving the lid off the mason ball jar.
- Step 9: When you take a bath, scrape some of the mixture into the water and enjoy!

If you want to make more bath bombs, the measurements are 2 parts baking soda to 1 part Epsom salt, 1 part cornstarch, 1 part citric acid, ½ part coconut oil and ¼ part water.